



Bellevue Special Needs PTA

Welcome to the BSD and Special Needs PTA's Family Resource Series: **Supporting School Anxiety**

Please join the Bellevue Special Needs PTA and BSD's Special Education Department for this parent-focused workshop on supporting school anxiety presented by Dr. Jared Taylor. Parents will learn how to recognize signs of anxiety in their children and gain basic skills to assist their children in managing their emotions. Specific evidence-based strategies and resources will be provided, as well as how to determine when additional help may be needed.

Tuesday, October 29, 2019, 6:30 PM

**Wilburton Instructional Services Center (WISC)
Rainier Board Room
12241 Main Street
Bellevue, WA 98005**

There will be on-site childcare and translation services. Please request when you register:

English – <http://www.cvent.com/d/nhq890>

Spanish – <http://www.cvent.com/d/nhq890?lang=es>

Chinese - <http://www.cvent.com/d/nhq890?lang=zh>



**FAMILY &
COMMUNITY**

We will continue to cultivate
partnerships with families, members of
the community, and community
organizations to support our students.